C & O Canal Association - Printable Walk, Hike, Bike, or Paddle Trip Sign-up Sheet and Liability Waiver

THIS IS AN IMPORTANT LEGAL DOCUMENT. READ IT CAREFULLY BEFORE SIGNING BELOW.

Name and type of activity: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date(s) of activity: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Leader(s)\* of activity: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I understand that a walk, hike, bicycle trip, or paddle trip is a strenuous activity that involves a certain amount of risk. These activities and traveling to and from the starting point may involve exposure to natural forces such as severe weather, harmful plants and animals, and dangerous terrain, and to possible accident or illness in remote places without readily available medical facilities.  I have made the final judgment that this activity is suitable for me and I am willing to take the risk.

In consideration for being permitted to participate in this activity, I agree to assume all risks and liabilities related to or resulting from the activity.  I agree that the C&O Canal Association and its volunteer leaders, officers, or representatives will not be liable for any injury, loss or damage to myself or members of my family, pets or property arising from or as a consequence of this activity, whether or not caused in whole or in part by the conduct of the officers, directors, voluntary leaders or other representatives of the C&O Canal Association.

| Printed Name | Signature\*\* | Date | Emergency Contact/Phone No. |
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\*At least one leader of the activity must be a C & O Canal Association member.

\*\*If participant is under the age of 18, parent or guardian must sign.